19th ANNUAL VAL-FAL NEW FAIRFIELD FREESTYLE WRESTLING TOURNAMENT

for Bantam, Midget, Novice, Schoolboy, Cadets, Juniors and Open Wrestlers FROM ANY STATE This is a Cadet and Junior CT National Team Qualifying Event NEW FAIRFIELD, CT HIGH SCHOOL (54 Gillotti Road) SATURDAY, MARCH 21, 2009 PRE REGISTRATION ENCOURAGED WALK-INS WELCOME!!

New!! Girls Division added !!

Madison weights will be used for all age groups, both boys and girls, except Cadets and Juniors. Registration and weigh-ins begin March 21st from 7:45 am to 9 am. Open wrestler registration and weigh-ins begin March 21st from 11:00 am- 12:00 pm . Wrestling will start at or around 10:00am for Kids through Juniors; Open wrestlers will start wrestling about 12:30. Bouts will be 3 periods of 2 minutes for all wrestlers. Seeding will be done by blind draw but matches will be paired using double elimination line brackets. Medals for the top three finishers in each class. Six full mats will be used for this competition. During weigh-ins, all competitors will be inspected for skin rashes; wrestlers with skin rashes will not be allowed to compete unless they have a current doctor's excuse saying they are under treatment, are not contagious as of a specified date and are cleared to wrestle. Tournament officials reserve the right to refuse entry to questionable cases.

A 2008-2009 USA Wrestling card MUST be shown at registration. If you don't have a card, enclose an additional \$35 with your registration and the USAW card will await you at the pre registration desk (NOTE: if wrestler is under 18 years old, their parent MUST sign the registration form if they are applying for a USAW card. This is an insurance requirement, and there will be no exceptions made). A Admission for Spectators: \$3 for adults, \$1 for students

• USAW Card can be purchased at the tournament.

- Emergency Medical Personnel will be on-site.

(Signature of Parent or Legal Guardian)

- \$20.00 entry fee
- Make checks out to New Fairfield Wrestling Club.
- Free admission for Coaches with USAW Coaches' Card Breakfast, lunch and snacks available on-site
- Wrestling equipment will be available for purchase
 - Under 18 must have a parent sign the registration form.
- For Information: Call Kim Gioia 203-746-8584, Michelle Gomez 203-512-2274 or email garyw1948@sbcglobal.net Should weather become an issue the day of the tournament call 203 746-8584 or check on www.nfwrestling.org. To Pre register: •Complete entry form, and (if under 18) HAVE IT SIGNED BY A PARENT
 - Mail to New Fairfield Wrestling Club, P.O.Box 8297, New Fairfield, CT 06812, by March 3rd with a check or money order.

No refunds of pre registration fee except for injuries. Written documentation required. There are predetermined weights for Cadets and Juniors because this is a qualifying tournament for the Cadet and Junior CT National Teams. Madison System will be used for all other age groups. Wrestler will be assigned to correct weight class at weigh in. Cadets are born in 1993 and 1994. Juniors are born on or after 9-1-89 and in grade 9-12. 84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285 Cadet Weights: Junior Weights: 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285 NAME......DATE OF BIRTH STREET......CITY..... STATE.....ZIP.... email address. Waiver and Release from Liability the undersigned, on behalf of myself, my heirs, and next of kin, personal representatives, agents, insurers, successors and assigns (all hereinafter "Releasors") hereby FOREVER RELEASE, DISCHARGE AND COVENANT NOT TO SUE THE UNITED STATES OF AMERICA WRESTLING ASSOCIATION, INC., its insurers, its affiliate clubs, administrators, agents, directors, officers, state organizations, members, committees, volunteers, all employees of USA Wrestling, and any and all participants, officials, referees, coaches, host clubs, sponsoring agencies, sponsors, advertisers, local organizing committees (and if applicable) owners, lessors, and operators of premises used to conduct any USA Wrestling sanctioned event, meet, practice or activity (all hereinafter "Releasees") from any and all liabilities, claims, demands, causes of action or losses of any kind or nature, past, present or future, direct or consequential that I may hereafter have for PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, arising out of my participation in, attendance at or traveling to and from any USAW wrestling sanctioned event or activity including, but not limited to, LOSSES CAUSED BY THE PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used. 2. Releasor understands and acknowledges that USA Wrestling sanctioned activities and the sport of wrestling in general have inherent dangers that no amount of care, caution, training, instruction, supervision, or expertise can eliminate. RELEASOR EXPRESSLY AND VOLUNTARILY ASSUMES ALL RISK OF PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, sustained while participating in, attending, preparing for or traveling to and from any USA Wrestling sanctioned event, meet, practice or activity, including the risk of PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used 3.Releasor acknowledges and fully understands that each participant in any USA Wrestling sanctioned event, meet, practice or activity, including Releasor, will be engaging in activities that involve risk of serious injury, including permanent, temporary, total or partial disability, disfigurement, paralysis and other losses to person or property, including death, and that severe social and economic losses may also result not only from Releasor's own actions, inactions or negligence, but also from the actions, inactions or negligence of others notwithstanding the rules of play or the condition of the premises or of any equipment used. Furthermore Releasor acknowledges and fully understands that there may be other associated risks with such activities which are not known or not reasonably foreseeable at this time. I ACKNOWLEDGE THAT I HAVE HAD SUFFICIENT OPPORTUNITY TO REVIEW THE PROVISIONS OF THIS DOCUMENT AND UNDERSTAND ITS PURPOSE, MEANING AND INTENT. (Print Name) DATE (Participant's Signature) does hereby represent that he/she is, in fact, the parent or guardian of The undersigned and acting in such capacity agrees to the terms and conditions of the above stated waiver and release.

(Print Name)

(Relationship to Minor)

DATE

HOW TO GET TO NEW FAIRFIELD:

GENERAL: New Fairfield is located in Northern Fairfield County, adjacent to Brewster NY. The primary highways are Interstate 84 from New York and Connecticut or Interstate 684 from Westchester County NY and points south.

From Eastern Connecticut: Take Interstate 84 west to Exit 6, follow route 37 North 4 ⁴/₁₀ miles to the center of New Fairfield

Make a left at the traffic light to Route 39 south. Follow Rt 39 4 / $_{10}$ miles (just past St. Edwards Church) to Barnum Road. Make a left turn, then take an immediate right turn onto Gillotti Road. Follow Gillotti Road 7 / $_{10}$ miles to New Fairfield High School. There will be a rock sign for the school.

From Interstate 84 in NY: Follow Interstate 84 to Connecticut Exit 5. Follow the exit road to the first traffic likgh (Main Street in Danbury). Make a left at the light, you will be on Connecticut Route 39. Follow Route 39 North $5^4/_{10}$ miles to the traffic light at Gillotti Road. Follow Gillotti Road $1^2/_{10}$ miles to New Fairfield High School on the left. There will be a rock sign for the school.

From Interstate 684 in NY: Follow 684 North (past the exit for Interstate 84) to the end (stay left), you will be on NY 22 North. Take Route 22 North approximately two miles to the first traffic light. Make a right turn onto Milltown Road. Follow Milltown road 4 miles to the end. Take a left turn at the end and follow Connecticut Route 39 North $^{5}/_{10}$ miles to first traffic light. At light, make a right onto Gillotti Road. Follow Gillotti Road $^{1}/_{10}$ miles to New Fairfield High School on the left. There will be a rock sign for the school.

HOTELS: Heidi's Motel Rt 22 914-279-8011, Quality Inn Exit 8/Rt84 203 748-6677, Holiday Inn Exit 8/Rt 84 203 792- 4000 Day's Inn Exit 7/Rt84 203 743-6711, Super 8 Exit 4/Rt84 203 743-0064.

New Fairfield Wrestling Club PO Box 8297 New Fairfield, CT 06812

NOTICE: Wrestling Tournament Registration

Instructions:

- Fill out the entire lower portion of the registration form on the other side. You must provide a valid USAW number or request that a new card be issued. If you choose to join USAW and pre-register by mail, your card will await you when you arrive.
- Tear of the lower part of the form (the part you just filled out) and return it to the New Fairfield 3-Style Wrestling Club. Keep the upper portion for directions and information on the weigh-ins and Tournament Date.